



Witch's Party Brew

This is a simple Witch's Brew magic potion to stir up fire just before your party guests arrive.

Correspondences:

Cast Iron Pot- This is your main tool with this potion. Iron is a mineral that improves our blood and improves our energy when feeling fatigued. This makes for a wonderful container to infuse your party potion.

Wood Spoon- This is your Earth elemental tool for stirring up the fiery passion of this potion.
Cinnamon- This element is full of life, passion, and prosperity and who doesn't want a prosperous party?

Apples- In my Norse ancestry, the Goddess Iðunn (Ydun) was written about in the Prose Edda as being the keeper of apples and eternal youthfulness. Any good party worth attending should make you feel youthful again. The planet Venus, which is the planetary symbol of love, has a mountain named after Iðunn. All the more reason to add apples and invite Venus and Iðunn to your night of cocktails.

Orange Rind- The orange rind has a beautiful and crisp aroma and when combined with apples, makes a beautiful bouquet for the senses. It's also known for being the fruit of joy.

Star Anise- This spice lends its Air element to help lift the aromas into your party place and invites its masculine energy associated with Apollo, Jupiter, and Mercury. The spice is also believed to protect from intruders and no one wants a party crasher!

Cloves- This spice helps to keep your friends close and inhibits anyone wishing to ruin your celebration with idle gossip.

Now let's get busy making our potion!

Ingredients and Supplies:

- Cast Iron Pot
- Wood Spoon
- 5 cups of water (even better if you infused the water under a Full Moon with Carnelian added. Be sure to remove the carnelian beforehand)
- 5 Cinnamon sticks
- 10 Slices of Apple (remove seeds)
- Rind of 1 large Orange
- 1 Star Anise
- 5 Cloves

Directions:

****When you add each ingredient you're going to speak the words of magic/intentions you wish to gain from each of these ingredients. For example: "I add Cinnamon to work with it's fire, passion, and prosperity to create a lively party experience for me and my guests."**

Place the water in the pot and place over a medium flame. You'll want the water to simmer. In your mortar, crush the cinnamon sticks into pieces until they're about 1/2-1 inch size.

Add Star Anise and Cloves and crush just to release their aroma. Set aside.

When slicing your apples, do so by placing the apple on it's side so the cuts render you round slices of apple. Carefully remove seeds and try to keep the star shape intact. Set aside.

Peel your orange and slice into thin strips.

The water should be nicely heated now and you can begin by sprinkling the spice blend in first.

Gently stir with a wood spoon.

Slowly add your apple slices and orange rinds.

Simmer for 1 hour **BEFORE** your party begins, adding more water as the level sinks to avoid burning. Never leave unattended. I recommend you set a loud timer or an alarm on your phone for every 20 minutes to remind you in case you get distracted while preparing for your evening.

When substituting fresh apples and orange rind with dried, you can make a bath sachet with an organza or muslin bag to use in a bath before your next party. Simply draw your bath water and add the sachet just before you get in.

May your parties be magical!

Sisterlisa

